

THE FOOD COURT



At
State High

Lunch - \$3.50
Breakfast - \$1.95

Made-to-Order Deli

Create your perfect, personalized deli sandwich.

Sub Roll	Wraps	Croissant	Turkey	Ham	Bologna	Salami
Tuna Salad	Provolone,	American,	Pepperjack,	& Swiss Cheese	Chicken	
Hummus	Roasted Veggies	Lettuce	Spinach	Tomatoes	Onion	

Pizza & Pasta

Always Available

Cheese & Pepperoni Pizza - Fresh from the Oven

Jan 1 - Make a resolution to eat a great lunch every day!

Jan 2 - Pasta & Meatballs; Margarita Flatbread

Jan 3 - Italian Dunkers; Lasagna & Breadstick

Jan 4 - Macaroni & Cheese; Pepperoni Flatbread

Jan 7 - Pasta & Meatballs; Meat Lovers Flatbread

Jan 8 - Italian Dunkers; Chicken & Broccoli Alfredo w/ Breadstick

Jan 9 - Pasta & Meatballs; Chicken Pesto Flatbread

Jan 10 - Italian Dunkers; Lasagna & Breadstick

Jan 11 - Macaroni & Cheese; Roasted Veggie Flatbread

Jan 14 - Pasta & Meatballs; Margarita Flatbread

Jan 15 - Italian Dunkers; Chicken & Broccoli Alfredo w/ Breadstick

Jan 16 - Pasta & Meatballs; Buffalo Chicken Flatbread

Jan 17 - Italian Dunkers; Lasagna & Breadstick

Jan 18 - Macaroni & Cheese; Sausage & Onion Flatbread

Jan 21 - Injustice anywhere is a threat to justice everywhere - MLK Day!

Jan 22 - Italian Dunkers; Chicken & Broccoli Alfredo w/ Breadstick

Jan 23 - Pasta & Meatballs; BBQ Chicken Flatbread

Jan 24 - Italian Dunkers; Lasagna & Breadstick

Jan 25 - Macaroni & Cheese; Pepperoni Flatbread

Jan 28 - Pasta & Meatballs; Meat Lovers Flatbread

Jan 29 - Italian Dunkers; Chicken & Broccoli Alfredo w/ Breadstick

Jan 30 - Pasta & Meatballs; Chicken Pesto Flatbread

Jan 31 - Italian Dunkers; Lasagna & Breadstick

Feb 1 - Macaroni & Cheese; Roasted Veggie Flatbread

Chef's Line

Week of Jan 2 - Burritos & Nachos

Week of Jan 7 - Baked Potatoes & Toppings

Week of Jan 14 - Turkey, Meatloaf, & Mashed Potatoes

Week of Jan 21 - Soup & Chili

Week of Jan 28 - Stir Fry



Hot Sandwiches

Always Available

Cheeseburger - the classic

Veggie Burger - freshly made, vegan friendly

Soft Pretzel & Cheese - from our bakeshop

Jan 1 - Happy New Year! No School Today

Jan 2 - Grilled Cheese w/ Bacon & Tomato

Jan 3 - Bacon Cheeseburger

Jan 4 - Grilled Italian Sub

Jan 7 - Caprese Grilled Cheese

Jan 8 - Bacon Cheeseburger

Jan 9 - Grilled Turkey, Bacon & Cheese

Jan 10 - Toasted Roast Beef & Provolone

Jan 11 - Meatball Sub

Jan 14 - Grilled Cheese Sandwich

Jan 15 - BBQ Pulled Pork & Chips

Jan 16 - Fish Sandwich

Jan 17 - Bacon Cheeseburger

Jan 18 - Beef & Bean Burrito

Jan 21 - MLK Jr Day - No School!

Jan 22 - Cuban Sandwich

Jan 23 - Grilled Italian Sub

Jan 24 - Bacon Cheeseburger

Jan 25 - Beef & Cheddar Panini

Jan 28 - Caprese Grilled Cheese

Jan 29 - Bacon Cheeseburger

Jan 30 - Grilled Turkey, Bacon & Cheese

Jan 31 - Toasted Roast Beef & Provolone

Feb 1 - Meatball Sub

Breakfast Available Daily

See back for more information.

-students eligible for free or reduced price lunch can get breakfast at the same approved rate.

Choose an entree and complete your meal with 2 vegetable sides, a serving of fruit, a juice, and milk.

Fruit & Veggie Side Dishes

Crunchy Carrots	Baked Potatoes	Cowboy Bean Salad
Fresh Veggies	Tossed Salad or Caesar Salad	French Fries
Whole Fruits	Melon	Pineapple
Canned & Frozen Fruit	100% Juice	

Milk Choices

Lowfat and Fat Free White and Chocolate

Grab & Go

Yogurt Parfaits

Cheese & Crackers

Fresh Fruit Cups

Soft Pretzels & Cheese

Meatless Entree Salads

Entree Salads

Mon - Chicken Caesar

Tues - Turkey Chef

Wed - Asian Chicken

Thur - Southwestern Chicken

Fri - Chicken Caesar

PB&J Sandwich

Deli Hoagies

Hummus & Pita Chips

Chicken Favorites

Always Available

Breaded Clux Deluxe Sandwich

Jan 1 - Happy 2019! No School Today

Jan 2 - Sriracha Chicken Sandwich; Popcorn Chicken & Roll

Jan 3 - Buffalo Chicken Grilled Cheese; Chicken Parmesan Sandwich

Jan 4 - BBQ Chicken & Cornbread; Chef's Choice

Jan 7 - Chicken Parmesan Sandwich; Popcorn Chicken & Roll

Jan 8 - Buffalo Chicken Sandwich; Chicken Tenders & Bread Stick

Jan 9 - Sriracha Chicken Sandwich; Thai Sweet Chili Chicken & Rice

Jan 10 - Buffalo Chicken Grilled Cheese; Popcorn Chicken & Roll

Jan 11 - Roasted Chicken & Rice; Chef's Choice

Jan 14 - Chicken Parmesan Sandwich; Popcorn Chicken & Roll

Jan 15 - Buffalo Chicken Sandwich; Chicken Bruschetta Panini

Jan 16 - Chicken Bacon Cheddar Panini; Buffalo Chicken Dip & Chips

Jan 17 - Sriracha Chicken Sandwich; Popcorn Chicken & Roll

Jan 18 - Chipotle Lime Chicken & Rice; Chef's Choice

Jan 21 - Hate cannot drive out hate - MLK Day!

Jan 22 - Buffalo Chicken Sandwich; General Tso's Chicken & Rice

Jan 23 - Sriracha Chicken Sandwich; Buffalo Chicken Dip & Chips

Jan 24 - Buffalo Chicken Grilled Cheese; Popcorn Chicken & Roll

Jan 25 - BBQ Chicken & Cornbread; Chef's Choice

Jan 28 - Chicken Parmesan Sandwich; Popcorn Chicken & Roll

Jan 29 - Buffalo Chicken Sandwich; Chicken Tenders & Bread Stick

Jan 30 - Sriracha Chicken Sandwich; Thai Sweet Chili Chicken & Rice

Jan 31 - Buffalo Chicken Grilled Cheese; Popcorn Chicken & Roll

Feb 1 - Roasted Chicken & Rice; Chef's Choice

**A New Year
and
still the BEST
deal in town!**

Breakfast **Lunch**
\$1.95 **\$3.50**

PRICES

- Full Lunch - \$3.50
- Full Breakfast - \$1.95
- Lunch Entrees - \$3.50 - \$2.70 - \$2.25
- Breakfast Entrees - \$1.30-\$2.00
- Fruit - \$.80-\$1.75
- Bread Items - \$.80
- Most Vegetables - \$.80
- Side Salads/Fries - \$1.25
- Milk - \$.65
- Snack/Desserts - \$.80-\$2.50
- Water/Juice - \$1.00-\$2.25



Eligible families can receive help paying for school meals. Visit www.scasd.org/schoolmeals or call 814-231-5095 for information.

BREAKFAST

Choose 1 **\$1.95**

- * Breakfast Sandwiches
- PB&J Uncrustables
- Quiche Poptarts Mini Donuts
- Homemade Breads, Muffins & Scones
- Bagels - Fresh from our bakeshop!

Choose 1 or 2

- Apples Bananas Craisins Juice

Choose 1

- Low Fat or Fat Free Milk

Students eligible for free or reduced priced lunch are able to get breakfast, too!



Happy New Year!

- Low Balance Alerts
- Credit or Debit Card Payments
- Monitor Account Purchases
- Set It & Forget It Payments

www.myschoolbucks.com

LUNCH

Lunches are planned to include foods from five healthy food groups: meat/meat alternate, bread, fruit, vegetables, and milk. Choose an entree that has been planned to include meat and bread. Add one serving of fruit, one juice, two vegetables, and milk. You may decline items that you don't want but must choose at least three of the five food components - to include at least one-half cup of fruit or vegetable.



BY THE NUMBERS

5,834

EPIC! THE NUMBER OF PARTICIPANTS IN THE WORLD'S LARGEST SNOW BALL BATTLE, HELD IN JANUARY 2013 IN SEATTLE, WASHINGTON.

Looking for a job with family-friendly hours?



Call for information.

Come work for SCASD!

Food Services
231-5095

Transportation
231-1033

Physical Plant
231-1026